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# Garden on the Go Frequently Asked Questions (FAQ)

### What is Garden on the Go?

Garden on the Go is a year-round mobile produce truck providing fresh, affordable fruits and vegetables to neighborhoods in "food deserts" throughout Marion County, Indiana. The program is sponsored by Indiana University Health and is operated by Green B.E.A.N. Delivery, one of the largest produce/grocery home delivery services in the tri-state area.

## Why is IU Health providing this service?

IU Health is committed to lowering the risk for obesity and other diet-related chronic illnesses, including diabetes, cardiovascular disease and cancer, in the communities it serves.

Less than 25 percent of Marion County residents eat the recommended daily amount of fruits and vegetables, which contributes to Indiana's high rates of obesity for both adults and adolescents. For many Hoosiers, not eating fresh fruits and vegetables isn't a choice but rather a consequence of not having access to fresh and affordable produce. Garden on the Go improves access to produce and helps address the related public health challenges.

#### What is a "food desert?"

A "food desert" is defined as an area that lacks access to affordable, healthy food. The USDA notes 68 percent of individuals in low-income neighborhoods live in "food deserts." These individuals are more apt to consume fast and frozen foods because fresh fruits and vegetables are out of reach.

#### When and where will Garden on the Go be selling produce?

Garden on the Go began regular service in May 2011 and expanded its service in September 2011. The truck operates Wednesday - Saturday, year-round, at various locations including several senior and public housing facilities. See schedule below.

Area	Location	Day	Time
Downtown	John J. Barton Annex, 501 N. East St.		11:00 AM
Downtown	Indianapolis Senior Center, 708 E. Michigan St.	Wednesday	1:00 PM
Downtown	Lugar Tower Apartments, 901 Fort Wayne Ave.		3:00 PM
Far Eastside	La Plaza/CAFÉ, 38th St. and Post Rd.		5:00 PM
Downtown	Goodwin Plaza Apartments, 601 W. St. Clair		11:00 AM
Southeast	Southeast Community Services, 901 Shelby St.	Thursday	1:00 PM
Northwest	Flanner House, 2424 Dr. Martin Luther King Jr. Dr.	Thursday	3:00 PM
Southwest	West Indianapolis Library, 1216 Kappes St.		5:00 PM
Northeast	Blackburn Terrace, 3091 Baltimore Ave.		11:00 AM
Near Northside	Kenwood Place Apartments, 104 W. 23rd St.	Friday	1:00 PM
Downtown	Indiana Avenue Apartments, 825 Indiana Ave.		3:00 PM
Westside	Haughville Library, 2121 W. Michigan St.		5:00 PM
Eastside	Shepherd Community Center, 4107 E. Washington St.		11:00 AM
Southside	Spruce Manor Apartments, 1840 Perkins Ave.	Saturday	1:00 PM
Mid-North	Mt. Zion Apartments, 3655 Boulevard Place		3:00 PM
Northeast	Villages at Mill Crossing, 3615 Sherman Forest Dr.		5:00 PM

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## How did IU Health choose these stops for Garden on the Go?

We looked at poverty density data as well as areas defined as "food deserts" to determine those neighborhoods most in need.

#### How does Garden on the Go work?

Garden on the Go stops and parks at the locations mentioned above. Shoppers board the truck and select the produce they intend to purchase. Shoppers can pay for their produce with cash, credit card, or Food Stamps (SNAP/EBT).

#### Can anyone buy produce from the truck?

Yes, anyone can purchase produce from Garden on the Go.

#### How much does Garden on the Go produce cost?

The produce offered by Garden on the Go will be affordably priced for the neighborhoods it serves.

#### Can communities request that the truck come to their neighborhood?

At this time, the Garden on the Go route has been determined. Interested customers may visit any of our 16 convenient locations.

## Where does the produce come from?

Produce comes from Green B.E.A.N. Delivery's local and regional suppliers.

## What kind of produce will be on the truck?

The kind of produce available will vary by season, but shoppers can expect to see everything from apples to zucchini.

## Are there other programs like Garden on the Go?

Garden on the Go was modeled after similar year-round programs in Albany, NY and Detroit, MI. It is the first program of its kind led by a healthcare organization.

## Where can I learn more about Garden on the Go?

More information on Garden on the Go is available at iuhealth.org/gardenonthego.